The NEWSLINE
December 2011
Oklahoma State University • www.reslife.okstate.edu/fgsh/

The History of Woolaroc

For the second year in a row, the FRC is taking a winter trip to Woolaroc in Bartlesville, Okla.

Hidden away in the rugged Osage Hills of northeastern Oklahoma, Woolaroc was established in 1925 as the ranch retreat of oilman Frank Phillips. The ranch is a 3,700 acre wildlife preserve, home to many species of native and exotic wildlife, such as buffalo, elk and longhorn cattle. Woolaroc is also a museum with an outstanding collection of western art and artifacts, Native American material, one of the finest collections of Colt Firearms in the world, and so much more.

With its wildlife preserve, rustic lodge, outstanding museum and rugged natural environment, perhaps the vision of Woolaroc can best be summed up in Frank Phillips' own words: 'This isn't all a dream about something, but a place where I can get back to nature. The great difficulty with the American people today is that they are getting too far away from the fundamental things in life. Too much time and money are spent on things which leave no record and which add nothing basically to the present nor to the future. To build permanently and wisely is to benefit all mankind. The conservation of wildlife now will mean much to future generations.'

Woolaroc embodies the natural environment, cultural heritage, history and early values that made America great. It is a diverse and unique experience.

The name Woolaroc is derived from three words—the woods, lakes and rocks that make up the beautiful Osage Hills of northeast Oklahoma where Woolaroc is located. The name was originally intended for the Rustic Lodge Ranch House, but it was so unique that it soon became the name for the entire Frank Phillips ranch. (Apt. 18-3)

Woolaroc has something for everyone. Will Rogers once said, 'When you are visiting the beauty spots of this country, don't overlook Frank Phillips' ranch and game preserve in Bartlesville, Okla. It's the most unique place in this country.' If there is one last under-discovered treasure left in the United States, it surely must be a place called Woolaroc.

Visit Woolaroc to experience the American West, the traditions that defined such a heroic era and become a part of the history that continues to live on these grounds. The Woolaroc Museum presents a comprehensive collection of art that showcases the forgotten glory of the American West. An endless array of paintings and sculptures, many from Frank Phillips' (founder of Phillips Petroleum) personal collection, reveals the trying history of Oklahoma pioneers, outlaws and Indians, and how they sculpted our great state. Visitors may experience the historic lodge home, explore walking trails, visit the petting barn, and view native and exotic wildlife including buffalo, elk, zebra, water buffalo, deer, and more! Additionally, Woolaroc is on the National Register of Historic Places. For more information about Woolaroc, view the Woolaroc website at http://www.woolaroc.org/index.php.

Woolaroc's Wonderland of Lights

This year for the holidays, Woolaroc presents a Wonderland of Lights on Fridays, Saturdays and Sundays from 5-9 pm. Adults and children will enjoy Christmas lights, a visit with Santa Claus in the museum, free wagon rides, a special lights show and Christmas music provided by local choirs. Cookies and hot drinks will be served for a small fee.

Table of Contents

Woolaroc..... 1
FGSH Office..... 2
Winning Stories 3
AA News..... 4
FGSH News..... 5
YFP News 6
CD News 7
Calendar 8

Family and Graduate Student Housing Office

A note from the FGSH Coordinator

Congratulations to all our residents who are graduating! Our best wishes go with you as you move toward your next goal.

Please remember that December graduates who are not continuing studies at OSU must vacate their apartment no later than Monday, Dec. 19, 2011. Remember that your housing contract requires that you give a vacating notice at least one month in advance, so be sure to submit the appropriate paperwork in Iba Hall. Also, be sure to add or delete anyone from your contract who is new or who has left your apartment. We cannot provide entrance assistance to anyone not on your contract.

The time for the holidays is upon us.

For those of you who are decorating your apartment for the holidays, please remember that candles, 'live' Christmas trees and 'live' garland are not permitted in the apartments due to fire regulations.

Finally, the FRC staff have planned several fun and exciting holiday festivities for you. I hope that you will join us for our community holiday celebration 'Christmas Around the World' on Saturday, December 10 from 6-9pm. If you have never attended this event before, I believe you will find it a great time to meet your neighbors and experience Christmas traditions as they are celebrated all over the globe. For those of you that have attended this event before, I think you will enjoy the new traditions we have planned!

Also, we are continuing the tradition of taking residents to see Christmas lights—this year, we are planning to return to the Wonderland of Lights at Woolaroc Museum and Wildlife Preserve in Bartlesville, Okla. on Sunday, Dec. 18. This is the same place we went last year for the Tour of Lights, and we are returning at your request!

We want to wish you a wonderful semester break. May you have safe traveling, happy gatherings and enough rest and relaxation to return with renewed enthusiasm.

Sarah Wilkey
FRC & FGSH Coordinator

Help OSU Conserve Energy

Some things to remember during the holiday season:

•Consider electricity usage when purchasing home electronics for yourself or as gifts.

•In the average home, 75 percent of the electricity used to power home electronics is consumed while the products are turned off.

•Unplug the appliance or use a power strip and use the switch on the power strip to cut all power to the appliance.

•Use energy-efficient LED holiday lights, which use 10 percent of the energy of mini-lights.

•Turn off your holiday lights before you go to bed, or consider installing timers to reduce the amount of time your holiday lights are on.

•10 strands lit for 13 hours a day can add more than $50 to a monthly energy bill.

For more information visit:
http://www.scribd.com/doc/15677767/Holiday-Energy-Saving-Tips-Fact-Sheet

Be Rewarded for Reading your Newsline!

Each month the Newsline will feature two randomally drawn apartment numbers. If you spot your apartment number, present your student ID at the FRC and claim your prize!

Sarah Wilkey, FGSH & FRC Coordinator, may be reached by phone at 405-744-6539 or by e-mail at sarah.wilkey@okstate.edu

Family and Graduate Student Housing
100 Iba
Stillwater, OK 74078
405-744-5353

Family Resource Center
719 N. Walnut
Stillwater, OK 74078
405-744-6539

Family & Graduate Student Housing

Where Your Story Began: Winning Stories

Venkata Swapra

I am Venkata Swapna, a Ph.D. student in department of biochemistry and molecular biology. I completed my masters in India in biochemistry. My association with Oklahoma State University began in fall 2009, our family moved from India to Stillwater, Okla. to attend OSU as a graduate student in the biochemistry department. My husband and I selected OSU from two other universities based on a better campus life for our family and we are never disappointed because of the lovely people around. We thought it would be an awesome place to raise our children.

We need to stay for atleast five years we decided to live on campus. For two years we have lived in OSU family housing which made life easier. As my husband and I are graduate students we are able to make it successfully and raise two children with help of our mentors, friends and FGSH/FRC. My oldest son enjoys the after school activities at the FRC, this gives us more time to concentrate on our work. "All work and no play makes Jack a dull boy." If we are bored with our never ending experiments in the lab we enjoy going around Stillwater, Boomer Lake and Theta Pond with our son. We love to attend women's night, couples night, family night or participate in competitions at the FRC whenever time permits. This helps us to rejuvenate for our daily lab work and helps to meet people of diverse cultures. We are happy that we found a home away from home; we plan to settle here after our graduate studies, I want my children to grow up as cowboys on this beautiful campus.

Patricia Coutinho de Souza

Exactly two years ago, I took the flight to Tulsa, Okla. which would change my life forever. Destiny or coincidence? I do not know. In 2009, I came from Brazil to the U.S. to participate in the American Association of Zoo Veterinarians conference in Tulsa to present my masters degree results. During the conference, I met people from around the world. Two days before my oral presentation, my new international friends invited me to try the famous American hamburger. I hesitated for a while because I wanted to review my presentation, but I could not resist this interesting experience. When we were in the restaurant, my friends told me that there was a Resident of Veterinary Pathology from Oklahoma State University. We started to talk and I told her I was applying for a Ph.D. in Veterinary Pathology at several American universities. Unfortunately, due to the world's economic crisis the positions available decreased, I was still trying and did not give up.

Then, she invited me to go to the OSU Veterinary College in Stillwater, Okla. to introduce myself to the professors. After my presentation in the conference, I went to Stillwater and spoke with all the veterinary pathologists there. I was so amazed by the physical structure and faculty, I asked for the possibility of an Externship. Five months later I came back to Stillwater to do the training and decided to apply again for the Ph.D. position, fortunately I passed and here I am! Was it just a coincidence of time or more than coincidence? What do you think? I still do not know. However, I learned that we should enjoy all life's opportunities and the simple things can be the most extraordinary and transform our lives forever.

Newsline, a FGSH publication, is produced and published monthly by Amanda Lanning, Communications & Marketing Residence Director. She may be reached by phone at 405-744-6539 or by e-mail at amanda.lanning@okstate.edu

Apartment Assistant News

Brumley Neighborhood	**Eric Reed** Bldg. 125, Apt. 6 744-2776 eric.reed@okstate.edu 120, 121, 122, 123, 124, 125, 126
Demaree Neighborhood	**Andrea Moore** Bldg. 41 , Apt. 5 744-3452 landrea@okstate.edu S36, S37, S38, S39, S40, S41, S42
Morrison Neighborhood	**Cody Hunter** Bldg. 248, Apt. 102 744-4550 cody.hunter@okstate.edu **Mitch & Tiffany Tillison** Bldg. 247, Apt. 204 744-3776 mitch.tillison@okstate.edu 245, 246, 247, 248
Prosser Neighborhood	**Samy Shehata & Fatma Moustafa** Bldg. 25, Apt. 3 744-2051 samy.shehata@okstate.edu N16, N17, N18, N19, N20, N21, N22, N23, N24, N25, N26, N27, N28
Stevens Neighborhood	**Pia Guyman & Foad Mahdavi** Bldg. 75, Apt. 1 744-2783 pia.guyman@okstate.edu mahdavi@okstate.edu S70, S71, S72, S73, S74, S75, S76, S90, S91, S92
West Neighborhood	**Eric Reed** Brumley Bldg. 125, Apt. 6 744-2776 eric.reed@okstate.edu S80, S81, S82, S83, S84, S85, S86, S87, S88, S89
Williams Neighborhood	**Mahmoud & Wafa Mistarihi** Bldg. 103, Apt. 3 744-4931 mistari@okstate.edu wafam@okstate.edu N12, N13, N14, N15, N101, N102, N103, N104, N105

Need a break from Studying and the Cold Weather?

Warm up with these recipies!

Pumpkin Chocolate Chip Cookies

- 1 15oz. can pumpkin
- 3/4 cup sugar
- 1/2 cup oil
- 1 egg
- 2 cup flour
- 2 tsp. baking powder
- Nuts (optional)
- 1 tsp. cinnamon
- 1/2 tsp. salt
- 1 tsp. baking soda
- 1 tsp. milk
- 1 cup chocolate chips
- 1 tsp. vanilla

Preheat oven to 375°F. Dissolve baking soda in milk; set aside.
In a large bowl add pumpkin, sugar, oil, and egg; stir. Add flour, baking powder, cinnamon, salt and baking soda mixture. Mix well.
Stir in chocolate chips and vanilla. Spoon by the tablespoon onto cookie sheet.
Bake at 375°F for 10 to 12 minutes or until done.

Homemade Hot Chocolate

- 1 tbsp. cocoa powder
- 2 tbsp. sugar
- 2 tbsp. water
- 1 cup milk

(a bit of vanilla, if desired)

Combine cocoa, sugar, and water in a small saucepan. Heat it on low heat, stirring occasionally to prevent the paste from sticking to the pan. After about 1 to 2 minutes, add milk and vanilla. Mix it all together until it reaches your preferred temperature.

Recipes courtesy of www.cooks.com

FGSH News

The BUS--Campus and Community Transit

The BUS is the campus and community transit service operated by the Department of Parking and Transit Services at OSU. The BUS provides fixed-route transit services throughout Stillwater and the OSU campus. Two routes provide service on the main campus every 7 minutes from 6 am to 7pm and every 15 minutes after 7pm. The BUS also provides public transportation in Stillwater to all citizens from 6:30am to 7pm Monday through Friday. The BUS fares are as follows:

OSU Students, Faculty, and Staff ..... Free with ID
General Public ..... 50 cents ($0.50)
Child Under 5 ..... Free when accompanied by paying passenger
Child/Young Adult age 5-18; Seniors age 60+ ..... 25 cents ($0.25)
Persons with ADA Disability Card & Persons with Medicare Card ..... 25 cents ($0.25)

Exact fare required; fares are for one-way trips. Return trips require additional payment.
For route information, visit www.transit.okstate.edu.

Keep up with the FRC on Facebook! Search "OSU Family Resource Center" and like our page. Make sure to check daily to find important FGSH information and for chances to win prizes!

Newsline Online

Interested in receiving your *Newsline* electronically? Send an e-mail to sarah.wilkey@okstate.edu with your name and the e-mail address you want to use. You will still receive a paper version.

Shopping Shuttle (free for all FGSH residents)

Sign up for the shuttle at the Laundry Mart 30 minutes prior to the shuttle's departure.

Monday & Wednesday Schedule

5:30pm (Pick Up @ Laundry) ..... To International Stores
(Sultan International Market, Overseas Market, Boomer International Plaza, and El Jacal)
6:30pm (Pick Up @ Laundry) ..... To Walmart & Food Pyramid
7pm (Pick Up @ Brumley Office) ..... To Walmart & Food Pyramid
7:10pm (Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments
7:30pm (Pick Up @ Laundry) ..... To Walmart & Food Pyramid
7:40pm (Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments
8:10pm(Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments
8:40pm (Final Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments

Saturday Schedule

9am (Pick Up @ Laundry) ..... To Walmart & Food Pyramid
9:30am (Pick Up @ Brumley Office) ..... To Walmart & Food Pyramid
9:40am (Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments
10:00am (Pick Up @ Laundry) ..... To Walmart & Food Pyramid
10:10am & 11am (Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments
11:40am(Final Pick Up @ Walmart/Food Pyramid) ..... Return to FGSH Apartments

Enrique Sanchez, Community Relations Residence Director may be reached by phone at 405-744-6539 or by e-mail at enriqjs@okstate.edu

Youth & Family Programs

Youth and Family Programs Schedule Fall 2011

Kindergarten Kids Club (age 4-5) .....Monday-Friday, 4 - 6pm
The last Kindergarten Kids Club will be Friday, Dec. 16th.

After School Adventures (ages 6-11).....Monday-Friday, 4 - 6pm
Soccer Tuesdays (during ASA)
The last After School Adventures will be Friday, Dec. 16th.

Book Club (ages 9-12) .....Monday, 6:30 - 7:30pm
The last Book Club will be Monday, Nov. 28th.

Toddler Time (ages 2-3) .....Tuesday & Thursday, 9:30 - 11:30am
The last Toddler Time will be Thursday, Dec. 8th.

Teen Club (ages 12-17) ..... Tuesday & Thursday, 6:30 - 8pm
The last Teen Club will be Thursday, Dec. 8th.

Cowboys & Cowgirls 4-H Club (ages 9-17)* ..... Wednesdays, 4:30 - 6pm
The last Cowboys & Cowgirls 4-H Club will be Wednesday, Nov. 30th.

Family Story Hour (ages 0-4): ..... Friday, 10 - 11am
The last Family Story Hour will be Friday, Dec. 9th.

Practical Parenting.....Friday, 11:30am-12:30pm
The last Practical Parenting will be Friday, Dec. 9th.

Spring 2012 Enrollment

At this time, the only program available for new enrollments is Toddler Time for the Spring 2012 semester. Parents who wish to sign up their children in programs may send an e-mail to Amie to set up an enrollment appointment or to be placed on the waiting list.

Parade of Lights

Stillwater's Christmas Parade of Lights is Thursday, Dec. 1, at 7pm in Downtown Stillwater.

FRC Christmas Around the World

The entire FRC Programming Staff will be working together to host one large Christmas event. The Community Development Staff and the Youth & Family Programs Staff will be hosting a Christmas Around the World event which will be held on Saturday, Dec. 10, from 6-9pm. Children of all ages and their families are invited to join the FRC staff to experience a variety of holiday activities from all over the globe. Additionally, children will have the opportunity to visit with Santa Claus and to have their pictures taken with him. Due to the nature of this program, all children must be accompanied by a parent or another adult.

Youth & Family Programs Holidays

There will be no Youth & Family Programs from Saturday, Dec. 17, 2011 through Sunday, Jan. 8, 2012 in observance of OSU's Winter Break. Regular programs for Spring 2012 will resume on Monday, Jan. 9, 2012. Please check the January edition of the Newsline for a schedule of Youth & Family Programs for Spring 2012.

Amie Allen, Youth & Family Programs Residence Director, may be reached by phone at 405-744-6539 or by e-mail at amie.allen@okstate.edu

Community Development

Community Development Programs Schedule for Fall 2011

Intermediate English with Soha** ..... Monday, 9:30 – 10:45am
English Grammar with Soha** ..... Monday, 11am – 12pm
English Conversation with Jake ..... Monday, 1 – 2:15pm
Reading Skills with Mitch ..... Monday, 2:30 – 3:30pm
Beginning English with Jake** ..... Tuesday, 10 – 11:15am
Book Club with Courtney** ..... Tuesday, 11:30am – 12:30pm
Craft Class with Courtney & Carmen** ..... Tuesday, 1:30 – 3:15pm
Arabic Language with Farag & Mona ..... Tuesday, 3:30 – 5pm
English Grammar with Zhanna** ..... Wednesday, 9:30 – 10:45am
Everyday English with Soha** ..... Wednesday, 11am – 12pm
Basic Spanish with Carmen ..... Wednesday, 3 – 4pm
English Basics with Courtney** ..... Thursday, 9:30 – 10:45am
Current Events Conversation with Adran** ..... Thursday, 11am – 12:30pm
Cooking Demo with Courtney & Carmen** ..... Thursday, 1 – 2:30pm
English in the Cinema with Jake ..... Thursday, 2:30 – 4:30pm
Writing Skills with Zhanna** ..... Friday, 9:30 – 10:30am
Listening and Speaking Skills with Zhanna** ..... Friday, 10:30 – 11:30am
Tricks of the English Language with Jake ..... Friday, 1 – 2pm
Pronunciation Skills with Justin ..... Friday, 2 – 3pm
Experience Korea (Beg. & Interm.) with Helen Hyeyoung Park ..... Friday, 5:30 – 7pm
Survival English with Ron Avants ..... Saturday, 6 – 7:30pm
Intermediate English with Ron Avants ..... Saturday, 7:30 – 9pm

**Child care is provided.

FRC Christmas Around the World

Christmas Around the World is an event for the whole community! While there will be games for children and families, we encourage the entire FGSH community to participate. It will be at the FRC on Saturday, Dec. 10 from 6 to 9pm. Everyone is invited to join the FRC staff to experience a variety of holiday activities from all over the globe.

Pancakes at the FRC

Take a break from studying from finals by joining us at the FRC for free pancakes! We will be serving pancakes, milk, juice and coffee the week of finals. The FRC will be Pancake Central every night starting Sunday, Dec. 11 through Wednesday, Dec. 14 from 10pm to midnight.(Apt. 71-11)

Experience a winter wonderland at Woolaroc!

Join us Sunday, Dec. 18 for a trip to the Woolaroc Museum and Wildlife Preserve to view the area and enjoy an evening in Woolaroc's Wonderland of Lights. We will meet at the FRC at 12:30pm for the trip and will not return until later in the evening. Adults and children over age 3 must sign up at the FRC to attend this event. No children under the age of 3 may ride in the chartered buses due to the length of time we will be gone on this trip. If you would like to follow the OSU buses in your family car, you are welcome to, but please let Sarah at the FRC know you are planning to do so. Red Rock catered box dinners will be provided with veggie, turkey, and child salad options. Transportation, admission and box dinner fees are provided for by the FRC. Residents may sign up on a first come, first serve basis.

Whitney Jameson, Community Development Residence Director, may be reached by phone at 405-744-6539 or by e-mail at whitney.jameson@okstate.edu

Programs made possible by funding and services provided by Family and Graduate Student Housing, OSU Student Activity Board Fee and the Stillwater Literacy Council.

December 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am English Basics 9:30am TT 11am Current Events 1pm Cooking Demo 2:30 English in the Cinema 4pm KKC 4pm ASA 6:30pm TC	2 9:30am Writing Skills 10am FSH 10:30am Listening 11:30am PP 1pm TOEL 2pm Pronunciation 4pm KKC 4pm ASA	3 9am SS 6pm Survival English 7:30pm Interm. English
4	5 9:30am Interm. English 11am Grammar 1pm Conversation 2:30pm Reading Skills 4pm KKC 4pm ASA 5:30pm SS	6 9:30am TT 10am Beg. English 11:30am Book Club 1:30pm Craft Class 3:30pm Arabic Language 4pm KKC 4pm ASA 6:30pm TC	7 9:30am Grammar 11am Everyday English 3pm Basic Spanish 4pm KKC 4pm ASA 5:30pm SS	8 9:30am English Basics 9:30am TT 11am Current Events 1pm Cooking Demo 2:30 English in the Cinema 4pm KKC 4pm ASA 6:30pm TC	9 9:30am Writing Skills 10am FSH 10:30am Listening 11:30am PP 1pm TOEL 2pm Pronunciation 4pm KKC 4pm ASA	10 9am SS 6pm Survival English 7:30pm Interm. English ***6pm Christmas Around the World***
			Finals week			
11 ***10pm Pancakes***	12 9:30am Interm. English 11am Grammar 1pm Conversation 2:30pm Reading Skills 4pm KKC 4pm ASA 5:30pm SS ***10pm Pancakes***	13 10am Beg. English 11:30am Book Club 3:30pm Arabic Language 4pm KKC 4pm ASA 6:30pm TC ***10pm Pancakes***	14 9:30am Grammar 11am Everyday English 3pm Basic Spanish 4pm KKC 4pm ASA 5:30pm SS ***10pm Pancakes***	15 9:30am English Basics 11am Current Events 1pm Cooking Demo 2:30 English in the Cinema 4pm KKC 4pm ASA	16 9:30am Writing Skills 10:30am Listening 1pm TOEL 2pm Pronunciation 4pm KKC 4pm ASA	17 9am SS 6pm Survival English 7:30pm Interm. English
18 ***12:30 pm Winter Wonderland trip to Woolaroc***	19 **No FRC Programs FRC & Laundry Mart open regular hours.**	20 **No FRC Programs FRC & Laundry Mart open regular hours.**	21 **No FRC Programs FRC & Laundry Mart open regular hours.**	22 **No FRC Programs FRC & Laundry Mart open regular hours.**	23 **No FRC Programs FRC & Laundry Mart open regular hours.**	24
			Winter Break			
25 **Christmas Day**	26 **No FRC Programs FRC & Laundry Mart open regular hours.**	27 **No FRC Programs FRC & Laundry Mart open regular hours.**	28 **No FRC Programs FRC & Laundry Mart open regular hours.**	29 **No FRC Programs FRC & Laundry Mart open regular hours.**	30 **No FRC Programs FRC & Laundry Mart open regular hours.**	31 **Happy 2012!**
			Winter Break			

FSH-Family Story Hour
KKC-Kindergarten Kids Club
TT-Toddler Time
ASA-After School Adventure
SS-Shopping Shuttle
TC-Teen Club
PP-Practical Parenting
BC#-Book Club for Youth & Family
TOEL-Tricks of the English Language