

The NEWSLINE

JULY

2012

OKLAHOMA STATE UNIVERSITY • WWW.RESLIFE.OKSTATE.EDU/FGSH/

OSU Farmers' Market Promotes Health and Sustainability

By Jackson Alexander, FRC Communications and Marketing Assistant

In recent years, farmers' markets have been growing in popularity across the country. These local, convenient markets offer customers a wide variety of fresh produce that is often desired by families today. Many American families have started a movement of wanting to know where their food comes from, and how it is produced. What better way to gain this confidence than by shopping at their local farmers' markets?

The Oklahoma State University Farmers' Market was founded in July 2010, and has since grown in popularity. In 2011, the market had a total of 15 vendors registered to participate in the farmers' market with an average of six vendors participating each time.

"The OSU Farmers' Market provides students with an opportunity to support local farmers and ranchers," said Kassey Steele, a Campus Life Graduate Assistant. "It is great to have this opportunity in such a convenient location with such a diversity of products."

Yeonho Shin, Marketing Manager for the OSU Farmers' Market, said he is excited about the market's growth, as well as the variety and opportunities that the market has to offer.

"By hosting farmers' market on campus, we can promote sustainability by encouraging our customers and potential customer base to reduce their carbon footprint by buying local produce and products," Shin said. "Also, the market would promote healthy eating on campus, and is good for our local economy."

According to Oklahoma State University Dining Services, the mission of the farmers' market is to:

- provide local farmers and students with a designated place where they can sell fresh produce as well as other agricultural by-products directly to the public.
- provide a place where Made-In-Oklahoma products as well as Oklahoma grown fresh products can be sold in quantities suited to the needs of the community.
- promote the economic well-being of local farmers and growers.

"Residents will be able to purchase the freshest locally grown produce items, as well as some great Made-in-Oklahoma products right here on campus," Shin said. "They don't have to drive off campus to buy all these great items. Since the majority of the family housing residents are from outside of Oklahoma, this would be a great opportunity for them to see what's offered in Oklahoma."

The OSU Farmers' Market is sponsored by University Dining Services and will feature a variety of products from vendors throughout the state of Oklahoma. The market will be held on a variety of dates during the summer and during the fall 2012 semester. It will be held on the Student Union Plaza from 9am to 1pm. For more information, visit the OSU dining services website at: <http://union.okstate.edu/uds/farmersmarket.htm>.

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Upcoming Farmers' Market Dates:

June 28 • July 26 • August 9 • August 23 • September 13 • September 27 • October 11

Family and Graduate Student Housing Office

A note from the FGSH Assistant Director

Congratulations to all who have completed their academic tasks this Spring and good wishes to those of you continuing or beginning your academic endeavors. If you are new to OSU and the Family and Graduate Student Housing, welcome! There are few places around the world that offer the opportunity to learn about so many different cultures as we have here. Our community normally has around a 70 percent international population with about 90 countries represented at any given time. FGSH strives to provide quality, economical on-campus housing. We work very hard to provide resources that assist residents in community and academic adjustment and personal development.

As you know, the summers in Oklahoma are hot! Please keep in mind during hot weather not to over exert yourself and drink plenty of water to keep hydrated. If you keep your Venetian Blinds tilted up during the day, the heat load will be lessened in your apartment; also, if you keep your windows closed while the air conditioner is running you will have less humidity and a cooler feeling apartment—and save energy at the same time. Please note non-FGSH air conditioners are not permitted in your apartment.

Finally, I would like to remind you that several important services are available at the Family Resource Center (FRC). All keys to FGSH apartments and storage units are now at the FRC. If you are locked out of your apartment, you should come to the FRC for assistance. Also, residents in Williams 12-15, Prosser, Demaree, Stevens, & West neighborhoods can come to the FRC to sign your air conditioning contract to have air conditioning service activated. Air conditioner services will begin the same day the contract is signed for all contracts signed on weekdays before 4pm. If the air conditioning contract is signed after 4pm, the air conditioner will be connected the next working day. As the weather continues to get warmer, please plan ahead so that you can request for your air conditioner to be turned on before the weekend. Any air conditioner requests made after 5pm on weekdays or anytime on the weekend will not be turned on until the next business day. Have a great summer—we hope to see you in summer FRC programs and FGSH activities!



Sarah Wilkey
FRC & FGSH Assistant Director



Family & Graduate Student Housing

Sarah Wilkey, FGSH & FRC Assistant Director, may be reached by phone at 405-744-6539 or by e-mail at sarah.wilkey@okstate.edu

Family and Graduate Student Housing
100 Iba
Stillwater, OK 74078
405-744-5353

Family Resource Center
719 N. Walnut
Stillwater, OK 74078
405-744-6539

Apartment Maintenance

The Facilities Management Office is the office that handles maintenance issues. If your apartment requires maintenance you should contact the FMO at 744-8510. The FMO is open 8am-5pm. In case of a maintenance emergency after 8pm or on weekends, contact the Physical Plant Action Desk at 744-7154.

Newsline Online

Interested in receiving your newsletter electronically? Send an email to sarah.wilkey@okstate.edu with your name and email address. You will still receive a paper version.

Staff Spotlight

Each month, we will highlight staff members from the Family Resource Center.

Name: Lydia Powell

Hometown: Stillwater, OK

Education: Master's student in Teaching English as a Second Language

Role at the FRC: Community Development Assistant teaching Intermediate English, English Conversation, Professional Development, Craft Class, and Cooking Demo

Favorite Food: Pizza and any kind of Mexican food

Favorite Activities: Spending time with family and friends, camping, hiking, and reading

Future Plans: "I want to finish my degree, teach English, have children, and help my husband start his own business."

Favorite book: *Wives and Daughters* by Elizabeth Gaskell

Favorite thing about the FRC: Meeting new people from all over the world and learning new things each and every day

Interesting Fact: "I love to paint; both pictures and houses."

Favorite Quote: "Joy is the noblest human act." - St. Thomas Aquinas

Name: Wyeth Leslie

Hometown: Edmond, OK

Education: Undergraduate student majoring in English

Role at the FRC: Children's Programming Assistant

Favorite Food: Sushi

Favorite Activities: Movies, reading, and adventures with friends

Future Plans: Graduate in December, get married a week later, and then attempt to survive Dallas traffic

Favorite movie: "Jurassic Park"

Favorite thing about the FRC: The co-workers and the ability to learn first-hand about other cultures

Interesting Fact: "I once got lost in Nebraska and ended up driving the length and height of the state. Subsequently, I have decided to never go back to Nebraska!"

Favorite Quote: "Ending a sentence with a preposition is something up with which I will not put." - Winston Churchill

Newsline, a FGSH publication, is produced and published monthly by Jessica Agnew, Communications & Marketing Residence Director. She may be reached by phone at 405-744-6539 or by e-mail at frcmessaging@okstate.edu

If you enjoy learning more about current FGSH staff members, be on the lookout for more spotlights and interesting facts in the upcoming *Newsline* editions!

Apartment Assistant News

Brumley
Neighborhood

Rania Basyouni & Nabil Rashdan
Bldg. 125, Apt. 5
744-1389
rania.basyouni@okstate.edu

120, 121, 122, 123, 124, 125

Demaree
Neighborhood

Andrea Moore
Bldg. 41, Apt. 5
744-3452
landrea@okstate.edu

S36, S37, S38, S39, S40, S41, S42

Morrison
Neighborhood

Mitch & Tiffany Tillison
Bldg. 246, Apt. 111
744-3776
mitch.tillison@okstate.edu

245, 246, 247, 248

Prosser
Neighborhood

Agus Widarjono & Dewi Sri Sudewi
Bldg. 20, Apt. 9
744-1213
agus.widarjono@okstate.edu

N16, N17, N18, N19, N20, N21, N22, N23, N24, N25, N26, N27, N28

Stevens
Neighborhood

Foad Mahdavi & Pia Guyman
Bldg. 75, Apt. 1
744-2783
pia.guyman@okstate.edu
mahdavi@okstate.edu

S70, S71, S72, S73, S74, S75, S76, S90, S91, S92

West
Neighborhood

Ky Le & Vinh Nguyen
Bldg. 89, Apt. 5
744-3145
ky.le@okstate.edu

S80, S81, S82, S83, S84, S85, S86, S87, S88, S89

Williams
Neighborhood

Farag Mewafy & Mona Nafea
Bldg. 101, Apt. 1
farag.mewafy@okstate.edu

N12, N13, N14, N15, N101, N102, N103, N104, N105

Neighborhood Gatherings

WILLIAMS

Saturday, July 7 • 6:30-7:30pm at the playground area
Board Games / Rice, chicken & drinks.

BRUMLEY

Sunday, July 8 • 7-8:30pm at the playground area
Water games / BBQ, hot dogs, macaroni & cheese & drinks.

WEST

Saturday, July 14 • 7-8:30pm at the playground area
Questions and Answer Games / Hamburgers, ice cream & drinks.

PROSSER

Sunday, June 15 • 6-7:30pm at playground area / E Side of 21N
Basketball / Tacos, chips & salsa & fruit soup.

MORRISON

Sunday, July 15 • 7-8:30pm at the Basketball Courts/Gazebo
Basketball / Kebobs.

DEMAREE

Sunday, July 22 • 7:30-8:30pm at the Demaree Picnic Tables
Frisbie / Haystacks & fruit.

STEVENS

Sunday, July 29 • 7-8:30pm at the playground area
Kite Flying / Ice cream, cake & fruit.

Grill Reservation Procedure:

To reserve a neighborhood grill, the FGSH resident must email his/her Apartment Assistant (AA). AA email addresses can be found in the monthly Newsline newsletter and/or the monthly neighborhood newsletter; both newsletters are delivered door-to-door each month. All neighborhood grill reservations must be made in writing via email; the reservation email should include the proposed date of the event, proposed start and end times of the event, and the nature of the event.

FGSH News

The BUS--Campus and Community Transit

The BUS is the campus and community transit service operated by the Department of Parking and Transit Services at OSU. The BUS provides fixed-route transit services throughout Stillwater and the OSU campus. Two routes provide service on the main campus every 7 minutes from 6 am to 7pm and every 15 minutes after 7pm. The BUS also provides public transportation in Stillwater to all citizens from 6:30am to 7pm Monday through Friday. The BUS fares are as follows:

OSU Students, Faculty, and Staff Free with ID
 General Public 50 cents (\$0.50)
 Child Under 5 Free when accompanied by paying passenger
 Child/Young Adult age 5-18; Seniors age 60+ 25 cents (\$0.25)
 Persons with ADA Disability Card & Persons with Medicare Card 25 cents (\$0.25)

Exact fare required; fares are for one-way trips. Return trips require additional payment.
 For route information, visit www.transit.okstate.edu.



Keep up with the FRC on Facebook! Search “OSU Family Resource Center” and like our page. Make sure to check daily to find important FGSH information and for chances to win prizes!

Newsline Online

Interested in receiving your *Newsline* electronically?
 Send an e-mail to sarah.wilkey@okstate.edu with your name and the e-mail address you want to use. You will still receive a paper version.

Shopping Shuttle (free for all FGSH residents)

Sign up for the shuttle at the Laundry Mart 30 minutes prior to the shuttle’s departure.

Monday & Wednesday Schedule

5:30pm (Pick Up @ Laundry) To Sultan International Market
 6:30pm (Pick Up @ Laundry) To Walmart & Food Pyramid
 7pm (Pick Up @ Brumley Office) To Walmart & Food Pyramid
 7:10pm (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 7:30pm (Pick Up @ Laundry) To Walmart & Food Pyramid
 7:40pm (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 8:10pm (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 8:40pm (Final Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments

Saturday Schedule

9am (Pick Up @ Laundry) To Walmart & Food Pyramid
 9:30am (Pick Up @ Brumley Office) To Walmart & Food Pyramid
 9:40am (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 10am (Pick Up @ Laundry) To Walmart & Food Pyramid
 10:10am & 11am (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 11:40am (Final Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments

Enrique Sanchez,
 Community Relations
 Residence Director
 may be reached by
 phone at 405-744-
 6539 or by e-mail at
frccommunityrelations@okstate.edu

Youth & Family Programs

Youth and Family Programs Schedule Summer 2012

All programs began on Monday, June 4 and will end on Friday, July 27.

Little Artists (ages 6-8):	Monday, 6-7 pm
4-H Garden Days (ages 9-17)***	Monday, 7-8 pm
Toddler Time (ages 2-3)	Tuesday & Thursday, 9:30-11:30 am
Preschool Primetime (age 4):	Monday-Friday, 1-3 pm
Kindergarten Kids Club (age 5):	Monday-Friday, 3:30-5:30 pm
Passport to Adventure (ages 6-8):	Mon., Wed., Thu. & Fri., 3:30-5:30 pm Tuesday, 1-5:30 pm (Pool)
Summer Adventures (ages 9-11):	Mon., Wed., Thu. & Fri., 1-3 pm Tuesday, 1-5:30 pm (Pool)
Teen Club (ages 12-17):	Tuesday & Thursday, 6-7:30 pm Tuesday, 1-5:30 pm (Pool)
Practical Parenting (childcare provided)	Thursday, 11:30 am-12:30 pm
Family Story Hour (ages 0-4):	Friday, 10:30-11:30 am

At this time, the Cowboy & Cowgirl 4-H Club is full for Summer 2012 programs and not accepting any new enrollees. For those children previously enrolled in 4-H Club in the Spring 2012 semester, there will be Garden Days. These days will be spent working with an adult on the 4-H Club gardens.

Openings in Children's Programs

At this time, we have openings in Preschool Primetime, Kindergarten Kids Club, Passport to Adventure, and Summer Adventures. Please send Amie an e-mail to set up an enrollment appointment.

Basketball Camp

On Friday, July 6th from 9-11:30am, children will have the opportunity to participate in a basketball camp program. Coach Weinrich from Putnam City West Middle School will teach basketball skills and fundamentals to children ages 6 to 11. This program is available to children enrolled in summer programs. Space is limited, so please sign up your child at the FRC Front Desk by Monday, July 2nd. The sign-up sheet will be available on Monday, June 25th at the FRC Front Desk.

Soccer Clinic

On Friday, July 20th from 12pm-2pm, the OSU Women's Soccer Team will provide a soccer clinic for children ages 6 to 13. The OSU Women's Soccer Team will help children to develop and practice soccer skills. This program is available to children enrolled in summer programs. The sign-up sheet will be available at the FRC Front Desk on Thursday, July 5th.

Recycled Craft Competition for Kids

On Thursday, July 26th from 6:30-8:00pm, children and teens ages 6-17 will have the opportunity to participate in a recycled craft competition. Participants must sign up for the event by Friday, July 20th at the FRC Front Desk; the sign-up sheet will be available on Thursday, July 5th. Children and teens will compete within the following age ranges: 6 to 8 years of age, 9 to 11 years of age, and 12 to 17 years of age. Additional information including judging criteria will be available along with the sign-up information at the FRC Front Desk.

Amie Allen, Youth & Family Programs Coordinator, may be reached by phone at 405-744-6539 or by e-mail at amie.allen@okstate.edu

Community Development

Community Development Programs Schedule for Summer 2012

Arabic Language w/ Farag & Mona**	Monday, 9:30 – 10:45am
Intermediate English with Lydia**	Monday, 11am – 12pm
Books into Movies with Maggie**	Monday, 1 – 2pm
Everyday English with Bonny**	Monday, 2 – 3pm
Basic English with Ivory**	Tuesday, 9:30 – 10:45am
Situational English with Ivory**	Tuesday, 11 – 12pm
English Grammar with Maggie**	Tuesday, 1 – 2pm
Craft Class with Morgan and Lydia**	Tuesday, 2 – 3:30pm
Advanced English with Ivory**	Wednesday, 9:30 – 10:45am
English Conversation with Lydia**	Wednesday, 11:30am – 12:30pm
Manners and Etiquette with Maggie**	Wednesday, 1 – 2pm
Pronunciation Skills with Bonny**	Wednesday, 2 – 3pm
Writing Skills with Maggie**	Thursday, 9:30 – 10:30am
Current Events with Ivory**	Thursday, 10:30 – 11:30am
YFP Parenting Class**	Thursday, 11:30am – 12:30pm
Health and Wellness with Maggie**	Thursday, 12:30 – 1:30pm
Listening and Speaking Skills with Bonny**	Thursday, 1:30 – 3pm
Reading Skills with Ivory**	Friday, 9:30 – 10:45am
Professional Development with Lydia**	Friday, 11am – 12pm
Cooking Demo with Morgan, Maggie & Lydia**	Friday, 12:30 – 2pm
English in the Media with Bonny**	Friday, 2 – 3pm
Survival English with Ron Avants	Saturday, 6 – 7:30pm
Intermediate English with Ron Avants	Saturday, 7:30 – 9pm

**Child care is provided

Dessert Competition

Do you have a favorite dessert that you know everyone will love? If so, consider entering it in the annual FRC dessert competition! Entries will be judged, and prizes will be awarded to the winners. Join us on Wednesday, July 18 at 2pm in the FRC Great Room. If you are interested in participating, sign-up at the FRC by Wednesday, July 11th at 5pm. All ingredients will be provided by the FRC. All afternoon CD classes will be cancelled that day.

End-of-Summer Ice Cream Social

Come see us on Wednesday, July 25 at 7pm in the FRC Great Room/FRC back patio. Join the Community Development staff in celebrating the end of the summer! Come enjoy delicious ice cream sundaes and outdoor games. Adults, families and children are all welcome to participate!

Attention:

The Family Resource Center will be closed on Wednesday, July 4th due to a university holiday. We will reopen Thursday, July 5th at 8am.

Catherine Molleno,
Community
Development Residence
Director, may be
reached by phone at
405-744-6539 or by
e-mail at
frccommunity
development@okstate.
edu

Programs made possible
by funding and services
provided by Family
and Graduate Student
Housing, OSU Student
Activity Board Fee and
the Stillwater Literacy
Council.

July 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 9:30am Arabic Lang, TT 11am Intern. English 1pm Books into Movies, PPT, SA 2pm Everyday English 3:30pm KKC, PTA 5:30pm SS 6pm Little Artists 7pm 4-H Garden Days	3 9:30am TT, Basic English 11am Situational English 1pm SA, PTA, TC, PPT, English Grammar 2pm Craft Class 3:30pm KKC 6pm TC	4 NO CLASS University Holiday	5 9:30am Writing Skills, TT 10:30am Current Events 11:30am PP 12:30pm Health Class 1pm PPT, SA 1:30pm Listening 3:30pm PTA, KKC 6pm TC	6 9:30am Reading Skills 10:30 Family Story Hour 11am Prof. Development 12:30 Cooking Demo 1pm SA, PPT 2pm English in the Media 3:30pm KKC, PTA 9am- Basketball Camp	7 9am SS 6pm Survival English 7:30pm Intern. English 6:30pm- Williams
8 7pm- Brumley	9 9:30am Arabic Lang, TT 11am Intern. English 1pm Books into Movies, PPT, SA 2pm Everyday English 3:30pm KKC, PTA 5:30pm SS 6pm Little Artists 7pm 4-H Garden Days	10 9:30am TT, Basic English 11am Situational English 1pm SA, PTA, TC, PPT, English Grammar 2pm Craft Class 3:30pm KKC 6pm TC	11 9:30am Adv. English 11:30am Eng. Conversation 1pm PPT, SA, Manners and Etiquette 2pm Pronunciation 3:30pm PTA, KKC 5:30pm SS	12 9:30am Writing Skills, TT 10:30am Current Events 11:30am PP 12:30pm Health Class 1pm PPT, SA 1:30pm Listening 3:30pm PTA, KKC 6pm TC	13 9:30am Reading Skills 10:30 Family Story Hour 11am Prof. Development 12:30 Cooking Demo 1pm SA, PPT 2pm English in the Media 3:30pm KKC, PTA	14 9am SS 6pm Survival English 7:30pm Intern. English 7pm- West
15 6pm- Prosser 7pm- Morrison	16 9:30am Arabic Lang, TT 11am Intern. English 1pm Books into Movies, PPT, SA 2pm Everyday English 3:30pm KKC, PTA 5:30pm SS 6pm Little Artists 7pm 4-H Garden Days	17 9:30am TT, Basic English 11am Situational English 1pm SA, PTA, TC, PPT, English Grammar 2pm Craft Class 3:30pm KKC 6pm TC	18 9:30am Adv. English 11:30am Eng. Conversation 1pm PPT, SA 3:30pm PTA, KKC 5:30pm SS 2pm- Dessert Competition Afternoon Adult Classes Cancelled	19 9:30am Writing Skills, TT 10:30am Current Events 11:30am PP 12:30pm Health Class 1pm PPT, SA 1:30pm Listening 3:30pm PTA, KKC 6pm TC	20 9:30am Reading Skills 10:30 Family Story Hour 11am Prof. Development 12:30 Cooking Demo 1pm SA, PPT 2pm English in the Media 3:30pm KKC, PTA 12pm- Soccer Clinic	21 9am SS 6pm Survival English 6pm Prosser 7:30pm Intern. English 7pm Stevens
22 7:30pm- Demaree	23 9:30am Arabic Lang, TT 11am Intern. English 1pm Books into Movies, PPT, SA 2pm Everyday English 3:30pm KKC, PTA 5:30pm SS 6pm Little Artists 7pm 4-H Garden Days	24 9:30am TT, Basic English 11am Situational English 1pm SA, PTA, TC, PPT, English Grammar 2pm Craft Class 3:30pm KKC 6pm TC	25 9:30am Adv. English 11:30am Eng. Conversation 1pm PPT, SA, Manners and Etiquette 2pm Pronunciation 3:30pm PTA, KKC 5:30pm SS 7pm- CD Ice Cream Social	26 9:30am Writing Skills, TT 10:30am Current Events 11:30am PP 12:30pm Health Class 1pm PPT, SA 1:30pm Listening 3:30pm PTA, KKC Teen Club Cancelled 6:30pm- Craft Contest	27 9:30am Reading Skills 10:30 Family Story Hour 11am Prof. Development 12:30 Cooking Demo 1pm SA, PPT 2pm English in the Media 3:30pm KKC, PTA	28 9am SS 6pm Survival English 7:30pm Intern. English
29 7pm- Stevens	30 9:30am Arabic Lang, TT 11am Intern. English 1pm Books into Movies, PPT, SA 2pm Everyday English 3:30pm KKC, PTA 5:30pm SS 6pm Little Artists 7pm 4-H Garden Days	31 9:30am TT, Basic English 11am Situational English 1pm SA, PTA, TC, PPT, English Grammar 2pm Craft Class 3:30pm KKC 6pm TC				

FSH-Family Story Hour

SS-Shopping Shuttle

PPT- Preschool Primetime

KKC-Kindergarten Kids Club

TC-Teen Club

CD- Community Development

TT-Toddler Time

PP-Practical Parenting

SA-Summer Adventure

PTA- Passport to Adventure