

The Newsline

Oklahoma State University • Residential Life • Family & Graduate Student Housing
October 2014

America's Greatest Homecoming Celebration

By Lindsay Tasos, Communications & Marketing Assistant

What began as a small town carnival at the beginning of the twentieth century has transformed into what is now America's Greatest Homecoming Celebration. Thanks to the support of the OSU Alumni Association and the efforts of the student body, OSU's Homecoming is now a week-long event that brings tens of thousands of alumni, family and friends back to Stillwater every fall. This year, the homecoming theme is, "The Experience" at America's Greatest Homecoming Celebration. Stillwater is expected to have over 50,000 students, alumni and fans visiting the OSU campus the week of Oct. 19-25.

"Homecoming Week is celebrated at colleges, and high schools throughout the country, but at OSU, homecoming has a very special meaning and the celebration is unmatched anywhere else." OSU's Alumni Association mentioned on its website. America's Greatest Homecoming Celebration at OSU is known all over the world as the best college homecoming there is.

Turn the Fountain Orange- Homecoming week will begin on Sunday, Oct. 19 with the coloring of

the Edmon Low Library fountain; turning it to America's Brightest Orange.

Harvest Carnival and Chili Cook-Off- Enjoy different types of food and fun games at the Harvest Carnival, it is even enjoyable for the kids! Come taste different varieties of chilies that people cook and compete against each other to win a contest.

The Harvest Carnival and Chili Cook-off will take place on Oct. 21.

Walk Around- The walk around is known to be the "best part of OSU homecoming," and will take place on Oct. 24. Many Fraternity and Sorority houses spend months "pomping" (using tissue paper and chicken wire to create beautiful images that represent the homecoming theme). Visitors, alumni, and students then walk around to view the artwork that sits in front of the houses. There will be food and different booths at the event.

Sea of Orange

Parade- Wake up early on game day and bring your family to enjoy the fun and the excitement of the Sea of Orange parade on Oct. 25. Campus clubs and organizations work hard for weeks to create floats that represent the homecoming theme. Performances by the band, color guard and cheer team will also take place during the parade.

OSU vs. West Virginia- Boone Pickens Stadium will be packed to full capacity on Oct. 25. Over 60,000 students, alumni, and fans are expected to attend the homecoming football game. Kick off will be at 11:45a.m. If you can't make it to the game it will be broadcasted live on TV.

Sources: <http://www.okstate.com/trads/traditions.html>
<http://www.okstate.com/sports/m-footbl/spec-rel/100608aab.html>
<http://orangeconnection.org/s/860/Hybrid/start-hc.aspx?sid=860&gid=1&pgid=5809>



Source: OrangeConnection.org

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The Newsline, a FGSH publication is produced and published monthly by Admas Siyoum, Communications & Marketing Residence Director. He may be reached by phone at 405-744-6539 or by email at frcmktg@okstate.edu.

FGSH Office

Dr. Elizabeth Carver-Cyr, Ed. D., FRC & FGSH Assistant Director • 405-744-6539 • elizabeth.carver_cyr@okstate.edu

Greetings,

I am hopeful that each of you are settled into your fall schedule and routine. With October comes, "America's Greatest Homecoming Celebration" festivities October 24-25th. I encourage you to take time to enjoy the Walk-Around that Friday evening and all the scheduled activities throughout campus on Saturday.

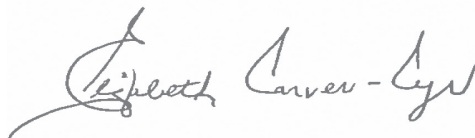
With the cooler weather approaching, Ms. Jenny Gililland, Energy Manager, for OSU asked me to share the following information:

During FY 2013 (July 2013-June 2014), the Family Resource Center had a cost avoidance of 1.6% or \$166 in electricity and natural gas, for an average of \$13.80 savings per month. OSU's goal is 10% savings in each building on campus. Where can energy costs at the FRC be reduced? (1) Turn off unnecessary lights. (2) Turn off electronics when they are not in use, including computers, monitors, and printers. (3) Maintain thermostat at Auto/74 degrees for cooling or Auto/70 degrees for heating. FRC energy saving efforts have contributed to OSU's over \$32 million in energy savings since July 2007.

Lastly, please come by the Family Resource Center (FRC) and check out our bulletin board filled with October activities for our residents. Please mark a calendar change and come to the FRC on Tuesday, October 14 from 2 – 3 pm for Cookies and Tea.

I look forward to seeing you at the FRC.

Happy Fall!



Dr. Elizabeth Carver-Cyr, Ed. D.
FRC & FGSH Assistant Director



Keep up with the FRC on Facebook! Search "OSU Family Resource Center" and like our page. Make sure to check daily to find important FGSH information and for chances to win prizes!

Newsline Online

Interested in receiving your newsline electronically? Send an email to Frcmarketing@okstate.edu with your name and email address. You will still receive a paper version.



Follow the FRC on Pinterest! Search "OSU Family Resource Center" under Pinners. Make sure to look us up for interesting recipes, activities and other information!



Help OSU

Conserve Energy

**Contact
Us**

Family and Graduate Student Housing

100 Iba Hall
Stillwater, OK 74078
405-744-5592

Family Resource Center

719 N. Walnut
Stillwater, OK 74075
405-744-6539

The mission of the Family Resource Center is to provide information and resources to individuals and families, with a particular emphasis on those living in FGSH. We assist residents in their adjustment to academic life and promote their success and personal fulfillment.

FGSH Spotlight

Staff Member

Amanda Bueno
Community Development Assistant



Our October staff member spotlight of the month is Amanda Bueno.

Bueno currently serves the Family Resource Center as a Community Development Assistant.

Bueno is from Tulsa,

Oklahoma and is pursuing her bachelors in English.

She enjoys reading, writing, playing the piano and spending time with friends and family.

Her birthday is May 17 and her favorite vacation spot is Florida.

Bueno's favorite food is spaghetti and her favorite holiday is Christmas.

Her favorite book is Love In The Time of Cholera.

Bueno plans to graduate in May and continue teaching English As A Second Language as well as be a writer.

Her role model is her mom.

Her favorite quotes are "There's no art in giving what you have. The art is giving what you haven't got. The gift of empty hands," by Ama Kamienska and "At any moment you have a choice, that either leads you closer to your spirit or futher away from it." said by Thich Nhat Hanh.

Bueno's favorite thing about the FRC is helping people and learning about other cultures and she believes this is a great place.

If you see Amanda around the FRC, be sure to hello!

Resident

Nancy Vianey Cruz Cruz
Prosser Resident



Our October featured resident is Nancy Vianey Cruz Cruz. Nancy is from Texcoco, Mexico.

She is currently pursuing her Ph.D. in Agricultural Economics.

Her favorite hobby is

reading everything that she finds in her way. Les Miserables is her favorite movie.

Nancy's favorite holiday is Christmas because she gets to spend time with her family and rest and eating homemade food. Her favorite vacation spot is her home.

An interesting fact about Nancy is that when she came to the U.S., she discovered her world is beyond her country and her culture. She said she has learned to appreciate other cultures and love them as they are.

In the future, Nancy plans to learn English and apply for a postdoctoral program.

Her role models are her mom and dad; Mario Cruz and Francisca Cruz.

Her favorite quote is "If you really want something in your life, just keep doing the appropriate steps to get it."

Her favorite thing about the Family Resource Center is that she can enjoy meeting new people and learn English.

If you see Nancy in your neighborhood or around the FRC, be sure to say hello!

AA & FGSH News

Enrique Sanchez, Community Relations Coordinator • 405-744-6539 • enriqs@okstate.edu

Building Hours

Building hours:

Monday-Friday: 8am-12am
Saturday-Sunday: 2pm-12am

Business Hours:

Monday-Friday: 8am-5pm

Fall Break Programs

Cancellations

There will be no FRC programs during fall break on Oct. 24.

Thanksgiving Dinner

Dates and Times

Brumley (Brumley Center)-Friday, Nov. 7, 6:30pm

West (FRC)- Friday, Nov. 7, 6:30pm

Stevens (FRC)- Saturday, Nov. 8, 12:30pm

Williams & Prosser (FRC)-Saturday, Nov. 8, 12:30pm

Demaree & Morrison (FRC)-Sunday, Nov. 9, 6:30pm

Shopping Shuttle

(free for all FGSH residents)

Sign up for the shuttle at the Laundry Mart 30 minutes prior to the shuttle's departure.

Monday & Wednesday Schedule

5pm (Pick Up @ Laundry) To Sultan International & Crepe Myrtle Asian Food
5:40pm Leave from International Stores To Laundry
6:00pm (Pick Up @ Laundry) To Walmart & Aldi's
6:30pm (Pick Up @ Brumley Office) To Walmart & Aldi's
6:40pm (Pick Up @ Walmart/Aldi's) Return to FGSH Apartments
7:15pm (Pick Up @ Laundry) To Walmart & Aldi's
7:25pm (Pick Up @ Walmart/Aldi's) Return to FGSH Apartments
7:55pm(Pick Up @ Walmart/Aldi's) Return to FGSH Apartments
8:25pm (Final Pick Up @ Walmart/Aldi's) Return to FGSH Apartments

Saturday Schedule

9am (Pick Up @ Laundry) To Walmart & Aldi's
9:30am (Pick Up @ Brumley Office)..... To Walmart & Aldi's
9:40am (Pick Up @ Walmart/Aldi's) Return to FGSH Apartments
10am (Pick Up @ Laundry) To Walmart & Aldi's
10:10am & 11am (Pick Up @ Walmart/Aldi's) Return to FGSH Apartments
11:40am(Final Pick Up @ Walmart/Aldi's)..... Return to FGSH Apartments

*All times listed above are approximate. Due to varying traffic flow, these times may be delayed.

	Brumley Neighborhood	Demaree Neighborhood	Morrison Neighborhood
Apartment Assistants	Shanice Gray Bldg. 120, Apt. 2 405-744-2311 BrumleyAA@okstate.edu 120, 121, 122, 123, 124, 125	Vinh Nguyen Bldg. 40, Apt. 11 405-744-0309 DemareeAA@okstate.edu S36, S37, S38, S39, S40, S41, S42	Skyler & Luciana McCrary Bldg. 248 Apt. 108 405-744-3103 MorrisonAA@okstate.edu 245, 246, 247, 248
	Prosser Neighborhood	Stevens Neighborhood	Williams Neighborhood
Taylor Rice Bldg. 25, Apt. 3 405-744-4106 ProsserAA@okstate.edu N16, N17, N18, N19, N20, N21, N22, N23, N24, N25, N26, N27, N28	April Payne Bldg. 91, Apt. 5 405-744-4105 StevensAA@okstate.edu S70, S71, S72, S73, S74, S75, S76, S90, S91, S92	Lulu Ma Bldg. 87, Apt. 7 405-744-4101 WestAA@okstate.edu S80, S81, S82, S83, S84, S85, S86, S87, S88, S89	Diana Martinez Bldg. 103, Apt. 3 405-744-3034 WilliamsAA@okstate.edu N12, N13, N14, N15, N101, N102, N103, N104, N105

Community Development News

Lea Staedtler, Community Development Residence Director • 405-744-6539 • frccommunitydevelopment@okstate.edu
Mumbe Kithakye, FRC Programs Coordinator • mumbe.kithakye@okstate.edu

Community Development Programs Fall 2014 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-10:30am Craft Class with Amanda and Andrew**	9:30-10:30am Intermediate English with Amanda**	9:30-10:30am English in Movies with Jordan and Andrew**	9:30-10:30am Creative Writing with Amanda**	9:30-10:30am Book Club with Amanda**	
10:30-11:30am Writing Skills with Amanda**	10:30-11:30am Professional Development with Lea**	11:00am-12:00pm Everday English with Andrew**	10:45am-11:45am Cultural Conversation with Caitlin and Amanda**	10:30-11:30am U.S. History with Adran**	
12:30am-1:30pm Pronunciation Skills with Caitlin**	12:30am-1:30pm Tricks of the English Language with Caitlin**	12:30-1:30pm Listening and Speaking Skills with Caitlin**	12:30-1:30pm Basic English with Caitlin**	11:30am-1:00pm Cooking Demo with Andrew and Caitlin**	
1:30-2:30pm Advanced English with Jordan**	1:30-2:30pm Music in English with Jordan**	1:30-2:30pm English Grammar with Jordan**	1:30-2:30pm Current Events with Jordan**	1:30-3:00pm Situational English with Jordan	
3:00-4:00pm Spanish with Cynthia Paladines	3:00-4:00pm Nutrition and Health with Shaymaa Al- Sharqi				6:00-7:30pm Survival English with Ron Avants
6:00-7:00pm Cultural Conversation with Caitlin and Andrew					7:30-9:00pm Intermediate English with Ron Avants

**Activities for children provided

Men's Night

Bring your friends and join us for this month's Men's Night on Saturday, Oct. 4. We will be showing a movie and have food from Buffalo Wild Wings. The event will be in the FRC Great Room at 7pm.

Financial Literacy Workshop sponsored by BKD

Come experience a valuable experience at the Financial Literacy Workshop that will be held at the FRC at 10am on Saturday, Oct. 11. The event will feature representatives of BKD, a nationally recognized accounting firm. There will be a presentation about debt management and budgeting for adults. Feel free to bring questions about financial planning.

Women's Night

Come to the FRC on Saturday, Oct. 18, and join us for a fun Girl's Night in! We will create our own ice cream sundaes and watch a movie together. This event starts at 7pm and will be in the Great Room. This event is for women only and activities for children will be provided in a separate room.

Halloween Pumpkin Carving

Come join us at the FRC on Friday, Oct. 31, for an American holiday tradition. We will teach you how to carve pumpkins and have a contest for the scariest pumpkin. The event starts at 6:30pm and all material will be provided by the FRC. Space is limited and you can sign up starting Oct. 13th at the FRC front desk. This event is for adults only. Additional Activities for Children will be provided but for safety concerns we request residents not to bring their children to the room where they are carving.

FRC Talent Show & Karaoke Night

Do you enjoy singing, dancing, acting or laughing? On Nov. 1 at 7-9pm the FRC will host its first FRC-wide Talent Show and Karaoke Night. Sign-up to perform either on your own or with some friends by October 18, by using this link <http://tinyurl.com/frctalentshow>. All performers must be 18 years or older. Activities for Children will be provided.

Youth & Family News

Kane Mach, Youth & Family Residence Director • 405-744-9967 • Kane.Mach@okstate.edu

Mumbe Kithakye, FRC Programs Coordinator • mumbe.kithakye@okstate.edu

Youth and Family Programs Fall 2014 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:30am Family Exploration & Playtime (ages 0-4)	9-10am Toddler Time Session 1 (ages 2-3)		9-10am Toddler Time Session 1 (ages 2-3)	
	10:30-11:30am Toddler Times Session 2 (ages 2-3)		10:30-11:30am Toddler Times Session 2 (ages 2-3)	10-11am Family Story Hour (ages 0-4)
3-5pm Kindergarten Kids Club (ages 4-5)	3-5pm Kindergarten Kids Club (ages 4-5)	3-5pm Kindergarten Kids Club (ages 4-5)	3-5pm Kindergarten Kids Club (ages 4-5)	3-5pm Kindergarten Kids Club (ages 4-5)
3-5pm Afterschool Adventures (ages 6-11)	3-5pm Afterschool Adventures (ages 6-11)	3-5pm Afterschool Adventures (ages 6-11)	3-5pm Afterschool Adventures (ages 6-11)	3-5pm Afterschool Adventures (ages 6-11)

Note: Please do not send your children to the FRC until a program is scheduled to begin. If children arrive early to the FRC for a scheduled program, they will be asked to wait outside until the program begins.

Youth & Family Programs Holiday & Cancellations for October 2014

There will be no Youth & Family Programs on Friday, Oct. 24, 2014 in observance of OSU's Fall Break. Regular programs will resume on Monday, Oct. 27, 2014.

Youth & Family Programs Schedule Changes:

Family Exploration & Play is now on Monday's from 9:30am to 10:30am. Parents are required to attend this class with their child. We welcome parents and their children from ages 0 to 4 years old. This program is another wonderful opportunity in addition to attending Toddler Time. No sign -up is required, just show up every Monday.

Halloween Costume Workshop

Are you tired of spending money on expensive costumes for Halloween? Sign up your family for this event taking place on Tuesday, Oct. 21 from 6-7:30pm, and we will do our best to help you and your children create fun and unique costumes. Sign up is available Monday, Oct. 1 at the FRC Front Desk. We have limited spaces available, so please sign up as soon as possible. Parents are required to attend this event with their children.

Halloween Carnival

The FRC Staff will host a carnival during our after school programs on Friday, Oct. 31 from 3pm to 5pm open to children enrolled in After School Adventures and Kindergarten Kids Club. Festivities include carnival games and a costume contest!

FRC Service Learning Sunday

From Sept. 2, 2014 through March 30 the FGSH/FRC are going to volunteer as a group over 500 hours this academic year to achieve the President's National Volunteer Service Gold Award. All you need to do is volunteer anywhere and log your hours at the FRC Front Desk. Prizes will be given each month to the FGSH resident who logs the most volunteer hours towards our cause. Once a month we will have a service day where as a group the FRC residents go out and volunteer at a specific location. This is a great chance to better yourself by bettering the community and make a difference in someone's life. If you have any questions, please contact Kane Mach, YFP RD at kane.mach@okstate.edu.

Kid's Page

Complete the word search!

Source: <http://www.discoveryeducation.com/free-puzzlemaker>

Word Search: Fall at the FRC

M N Z X V I L C Y E A L
 N E E W O L L A H M L E
 Y E K R N L T T M U R G
 S A H N D T F W P T L O
 T E E N S L U O K S M L
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 G D F U X I R F C L E G
 T O D D L E R T I M E U
 U W F G D O N M K R F E
 Y U B R U Q A Y K H E V
 N N G R S F C A C Y G P

ART
 CHILDREN
 COSTUME

FAMILY
 FUN
 HALLOWEEN
 KKC

LEGOLEAGUE
 TEENS
 TODDLERTIME

Decode the message below – ask your parent to email kane.mach@okstate.edu with the answer and your name. The first 10 correct answers win a prize.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
6	10				12									26				14	13						

F O _____ A _____ F , O
 18 12 19 26 25 23 18 4 11 21 6 3 18 7 9 12 25 7 16 26 8 11

T O _____ O _____ A S A _____ _____ T S A T
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T _____ _____ _____ _____ _____
 13 21 11 12 17 16


October 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Farmer's Market <i>Student Union Plaza</i> 9am-1pm	3	4 Men's Night <i>Great Room</i> 7pm
5	6 Evening Family Story <i>Stillwater Public Library</i> 7pm	7	8	9 Farmer's Market <i>Student Union Plaza</i> 9am-1pm	10	11 Financial Literacy Program <i>FRC Great Room</i> 10am
12 Williams Neighborhood Gathering <i>FRC Great Room</i> 6pm	13 Evening Family Story <i>Stillwater Public Library</i> 7pm	14 Community Connection with Dr. Cyr - TIME CHANGE <i>FRC Great Room</i> 2pm-3pm	15	16 Farmer's Market <i>Student Union Plaza</i> 9am-1pm	17 Morrison Neighborhood Gathering <i>Morrison Gazebo</i> 6pm	18 Women's Night <i>FRC Great Room</i> 7pm Denaree & Brumley Neighborhood Gathering 6pm
19 Stevens Neighborhood Gathering <i>FRC Great Room</i> 3pm	20 Evening Family Story <i>Stillwater Public Library</i> 7pm	21 Halloween Costume Workshop 6-7:30pm	22	23 Farmer's Market <i>Student Union Plaza</i> 9am-1pm <small>Prasser Neighborhood Gathering 6:30pm</small>	24 Fall Break No FRC programs. West Neighborhood Gathering <i>FRC Great Room</i> 6:30pm	25
26	27 Evening Family Story <i>Stillwater Public Library</i> 7pm	28	29	30	31 Halloween Carnival 3-5pm Halloween Pumpkin Carving 6:30pm	

Event Guide:

 OSU Events

 FRC/FGSH Events

 Stillwater Events