

The Newsline

Oklahoma State University • Residential Life • Family & Graduate Student Housing
September 2013

Improvements to FGSH Neighborhoods

By Samantha Stanbery, Communications & Marketing Assistant

Many residents noticed the new additions and improvements around the Family and Graduate Student Housing neighborhoods. Recently, a playground was added near the east side of the Laundry Mart to replace the old Demaree playground.

"The playground was surprised by the child development laboratory," said Sarah Wilkey, FRC and FGSH assistant director. Wilkey said the playground was received at no cost but the installation was not free.

Streetlights and Crosswalk Signs

Streetlights also have been added within the past few months.

"The streetlights are the two that are in front of the FRC so that the bus stop areas for the kids will be brighter," Wilkey said.

This was a necessary improvement as kids are going to school and getting out earlier, meaning they could be at the bus stop when it is dark, she added. Crosswalk signs also were added to the street on McElroy.

Bike Racks

"Bike racks are going to go into the West neighborhood," Wilkey said. "They should be installing one of them soon."

Wilkey said the West neighborhood was chosen because a bike count was conducted and the West neighborhood had more bikes than the other neighborhoods.

However, there will eventually be one bike rack per building, Wilkey added.

Recycling

"One thing people have suggested is

recycling," Wilkey said. "We were able to do that without raising costs by eliminating refuse dumpsters and replacing with recycling dumpsters."

A new contract had to be signed with Allied Republic, Wilkey added.

"We will have recycling bins one per neighborhood," Wilkey said.

Future Improvements

"There are two things," Wilkey said. "One thing we have had several requests for is exterior washing but we have to be under contract to do that so it's not easily done. We also are working on a plan to replace signage on buildings that do not have new signs."

Ardiyansyah Yatim, member of the FGSH Resident's Advisory Council, said other issues and programs have been discussed but have not been implemented.

These issues include resident's training programs on healthy, safety and environment, energy conservation incentives, cooperation with Youth & Family Programs and the Colvin Recreation Center, Yatim said.

"The huge thing to realize is budget," Wilkey said. "We are working through the university system. There are committees we have to go through and there is a whole process of things we have to go through to make sure we do it right."

If residents have a suggestion for other improvements, they can email sarah.wilkey@okstate.edu or contact a member of the FGSH Resident's Advisory Council. Contact information for the FGSH Resident's Advisory Council can be found on the

back page of *The Newsline*. Maintenance issues should be reported to the Facilities Management Office at 405-744-8510.



Top photo: New Streetlight at FRC;
Bottom photo: Demaree Playground under Construction

Photos by Dedra Baker, Communications & Marketing Assistant



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The Newsline, a FGSH publication is produced and published monthly by Bruce DuVall, Communications & Marketing Residence Director. He may be reached by phone at 405-744-6539 or by email at frcmktg@okstate.edu.

FGSH Office

Dr. Sarah Wilkey, FGSH & FRC Assistant Director • 405-744-6539 • sarah.wilkey@okstate.edu

Greetings! I hope that your semester is off to a great start! The hustle and bustle of working toward your degree can be a rewarding yet challenging experience. I encourage you and your family to take advantage of the unique resources in FGSH. Did you know that OSU is one of only a few universities in the United States that has a Family Resource Center (FRC)? The mission of the FRC is to help create a “Family-Friendly Environment” by providing information and resources to families, with particular emphasis on families living in FGSH. We assist individuals, couples and families in their adjustment to academic life and promote our resident’s success and personal fulfillment. The FRC is not just for families, but for ALL residents in FGSH. I hope that you will take a moment to come to the FRC and check out the many programs and resources we have to offer:

- * Programs for Children and Adults
- * Lending Programs
- * Wi-Fi and a 24-hour Computer Lab with Printer
- * Pool, Ping Pong and Foosball Tables
- * Resource Referral
- * Community Outreach



Sarah Wilkey, Ph.D.
FRC & FGSH Assistant Director



Family & Graduate
Student Housing

Keep up with the FRC on Facebook! Search “OSU Family Resource Center” and like our page. Make sure to check daily to find important FGSH information and for chances to win prizes!



Newsline Online

Interested in receiving your newsletter electronically? Send an email to sarah.wilkey@okstate.edu with your name and email address. You will still receive a paper version.

Follow the FRC on Pinterest! Search “OSU Family Resource Center” under Pinner. Make sure to look us up for interesting recipes, activities and other information!



**Help
OSU**

Conserve Energy

**Contact
Us**

Family and Graduate Student Housing
100 Iba Hall
Stillwater, OK 74078
405-744-5353

Family Resource Center
719 N. Walnut
Stillwater, OK 74075
405-744-6539

The mission of the Family Resource Center is to provide information and resources to individuals and families, with a particular emphasis on those living in FGSH. We assist residents in their adjustment to academic life and promote their success and personal fulfillment.

FGSH Spotlight

Staff Member

Blaire Boyer
Communications & Marketing Assistant



Our featured Family Resource Center staff member this month is Blaire Boyer. She is a communications and marketing assistant. She is a senior majoring in agricultural communications.

Her hometown is Tipton, Indiana.

Blaire enjoys traveling, attending livestock shows, visiting friends and working out.

An interesting fact is she is “slightly obsessed with Vera Bradley bags and purses.”

Her favorite food is fresh fruit and her favorite movie is “The Ultimate Gift.”

Her favorite part of the FRC is the diverse backgrounds, knowledge and talents of each person who comes to or works at the FRC.

Blaire’s words to live by are, “Twenty years from now you will be more disappointed by the things you didn’t do than by the ones you did do. So throw off the bow lines. Sail away from the safe harbor. Catch the

trade winds in your sails. Explore. Dream. Discover.”

After her graduation, Blaire hopes to work for an agriculturally-based company or organization in public relations

If you enjoy learning more about current FGSH staff members and fellow residents, be on the lookout for more spotlights in the upcoming *Newsline* editions!

Resident

Md Mushfiqul Alam
Williams Neighborhood Resident



Our featured resident of the month is Md Mushfiqul Alam. He is a resident of the Williams neighborhood and also is a member of the Family & Graduate Student Housing Resident’s Advisory Council. He is studying electrical engineering and working on his

doctorate.

He is from Dhaka, Bangladesh. He is married to his wonderful wife, Talat Khan, and has one child, Zuhayr Alam.

His favorite foods are vegetables and fish. He enjoys playing games with his child and watching movies. His favorite movie is “Shawshank Redemption.” His favorite vacation spot is San Francisco, Calif. His favorite holiday is the fall break and he said he is already waiting for it.

He said his role model is his dad.

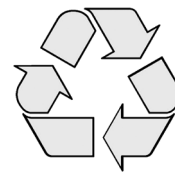
An interesting fact he shared was that kids learn math before the age adult people think. Children start learning it even before one year.

He also enjoys the neighborhood

gatherings because they have lots of different foods and the kids’ programs at the FRC.

His favorite quote is, “If you cannot explain it easily, you did not understand it properly.”

In the future, he wants to graduate and get a job as well as do something good for his countrymen.



Look for recycling bins and more information on recycling coming soon!

AA & FGSH News

Enrique Sanchez, Community Relations Coordinator • 405-744-6539 • enriqs@okstate.edu

Attention:
The Family Resource Center will be closed on Monday, September 2 for the university holiday. The FRC will reopen Tuesday, September 3 at 8am.

Recycling

You asked and we delivered! Recycling bins have been moved into FGSH. Here is a list of the items you can recycle: Paper, newspapers, magazines, brown paper bags, soft-cover books, telephone books, flattened cardboard, pizza boxes, paperboard, aluminum cans, tin and steel cans, plastic bottles/jars (clean), yogurt cups, container lids, bottle caps and Styrofoam-block packaging. Thank you for contributing to a better campus and a better world.

Shopping Shuttle (free for all FGSH residents)

Sign up for the shuttle at the Laundry Mart 30 minutes prior to the shuttle's departure.

Monday & Wednesday Schedule

5:30pm (Pick Up @ Laundry) To Sultan International & Crepe Myrtle Asian Food
 6:30pm (Pick Up @ Laundry) To Walmart & Food Pyramid
 7pm (Pick Up @ Brumley Office) To Walmart & Food Pyramid
 7:10pm (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 7:30pm (Pick Up @ Laundry) To Walmart & Food Pyramid
 7:40pm (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 8:10pm (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 8:40pm (Final Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments

Saturday Schedule

9am (Pick Up @ Laundry) To Walmart & Food Pyramid
 9:30am (Pick Up @ Brumley Office) To Walmart & Food Pyramid
 9:40am (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 10am (Pick Up @ Laundry) To Walmart & Food Pyramid
 10:10am & 11am (Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
 11:40am (Final Pick Up @ Walmart/Food Pyramid) Return to FGSH Apartments
***All times listed above are approximate. Due to varying traffic flow, these times may be delayed.**

| | Brumley Neighborhood | Demaree Neighborhood | Morrison Neighborhood |
|---|--|---|---|
| Apartment Assistants | Samantha Whiteshield Bldg. 122, Apt. 10 405-744-2311 brumleyAA@okstate.edu | Rais Shameer Bldg. 36, Apt. 7 405-744-0309 demareeAA@okstate.edu | James Bowen Bldg. 246, Apt. 205 405-744-3231 morrisonAA@okstate.edu |
| | 120, 121, 122, 123, 124, 125 | S36, S37, S38, S39, S40, S41, S42 | 245, 246, 247, 248 |
| Prosser Neighborhood | Stevens Neighborhood | West Neighborhood | Williams Neighborhood |
| Temegen Helsabo Bldg. 17, Apt. 3 prosserAA@okstate.edu | Jed Gibson frcard1@okstate.edu | Skyler & Luciana McCrary Bldg. 87, Apt. 5 405-744-3103 westAA@okstate.edu | Sauyer Lay Bldg. 103, Apt. 3 405-744-3034 williamsAA@okstate.edu |
| N16, N17, N18, N19, N20, N21, N22, N23, N24, N25, N26, N27, N28 | S70, S71, S72, S73, S74, S75, S76, S90, S91, S92 | S80, S81, S82, S83, S84, S85, S86, S87, S88, S89 | N12, N13, N14, N15, N101, N102, N103, N104, N105 |

Community Development News

Catherine Molleno, Community Development Residence Director • 405-744-6539
 frccommunitydevelopment@okstate.edu

Community Development Programs Fall 2013 Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|
| 9:40-10:30am Intermediate English with John** | 9:30-10:30am Advanced English with Katelyn** | 9:40-10:30am Situational English with John & Katie** | 9:30-10:30am U.S. History with Caroline & Katie | 9:30-10:30am Movers & Shakers with Adran | 6-7:30pm Survival English with Ron |
| 10:30-11:15am Writing Skills with John** | 10:30-11:30am Learning English through Games with Caroline** | 10:30-11:15am English Conversation with John** | 10:30-11:30am Drawing with English with Caroline | 10:30-11:30am English Grammar with Katie** | 7:30-9pm Intermediate English with Ron |
| 12:30-1:30pm Craft Class with Kadie & Catherine** | 12:30-1:30pm Reading Skills with Katelyn** | 12:30-1:30pm Everyday English with Kadie** | 11:30-12:30pm Pronunciation with Katie | 11:30-12:30pm Listening & Speaking Skills with Katie** | |
| 1:30-2:30pm Basic English with Kadie** | 1:30-2:30pm English around the World with Katelyn & Caroline** | 1:30-2:30pm Book Club with Kadie** | 1:30-2:30pm Idioms & Phrasal Verbs with Katelyn & Caroline** | 1:30-2:30pm Cooking Demo with John & Katie** | |
| 5:30-6:30pm Idioms & Phrasal Verbs with Katelyn & Caroline | 2:30-3:30pm Survival English with Caroline | 2:30-3:30pm Current Events with Caroline | 2:30-3:30pm Cultural Conversation with Katelyn** | 5-6pm Korean Language with Jin | |
| | 5:30-6:30pm English Conversation with John | 5:30-6:30pm Situational English with Caroline | | | |

**Activities for children provided

Women's Night – "Swimming Day"

The Family Resource Center will be having a day for women to enjoy the sun together on September 8 from 2 to 4pm off-campus. Since this is off-campus, we will have limited seating and we ask for participants to come to the FRC no later than 1:30pm. The sign-up sheet will be on the front desk. There will be no additional activities for children available for this event and this event is solely for women from Family and Graduate Student Housing.

Men's Night – "Outdoor Adventure"

The Family Resource Center in partnership with Camp Redlands will have an outdoor adventure day for the men in Family and Graduate Student Housing. There will be different activities such as canoeing and rope courses. This event has limited seating so sign-up as soon as you can at the FRC. The event is September 28 from 10am to 4pm. Please be at the FRC no later than 9:30am and be ready with your outdoors clothes. Lunch will be provided at Camp Redlands.

Programs made possible by funding and services provided by Family and Graduate Student Housing, OSU Student Activity Board Fee, the Stillwater Literacy Council, and the Biosystems and Agricultural Engineering Graduate Student Association.

Youth & Family News

Amie Allen, Youth & Family Programs Coordinator • 405-744-6539 • amie.allen@okstate.edu

Mumbe Kithakye, Youth & Family Programs Educational Administrator • mumbe.kithakye@okstate.edu

Youth and Family Programs Fall 2013 Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| | 10-11:15am Toddler Time (ages 2-3) | | 10-11:15am Toddler Time (ages 2-3) | 10-11am Family Story Hour (ages 0-4) |
| 3-5pm Kindergarten Kids Club (ages 4-5) | 3-5pm Kindergarten Kids Club (ages 4-5) | 3-5pm Kindergarten Kids Club (ages 4-5) | 3-5pm Kindergarten Kids Club (ages 4-5) | 3-5pm Kindergarten Kids Club (ages 4-5) |
| 3-5pm After School Adventures (ages 6-11) | 3-5pm After School Adventures (ages 6-11) | 3-5pm After School Adventures (ages 6-11) | 3:30-5pm Soccer Thursdays (ages 6-11) | 3-5pm After School Adventures (ages 6-11) |
| | | 4-5pm Cowboys & Cowgirls 4-H Club (ages 9-17) | 6-7:30pm Teen Club (ages 12-17) | |

Youth & Family Programs Holiday & Cancellations

There will be no Youth & Family Programs on Monday, September 2 in observance of the Labor Day holiday. Regular programs will resume on Tuesday, September 3.

Family Dinner & Game Night

On Tuesday, September 10, the YFP staff invites FGSH families to join them in Family Dinner & Game Night from 6 to 7:30pm. Enjoy a free, home-cooked meal and playing games with the whole family. Children must be accompanied and supervised by an adult in order to attend for this event.

Family Field Trip

On Sunday, September 15, the YFP staff will be taking families to an OSU women's soccer game. Please send an email to Amie for more information. There is not an age limit for this event but we recommend parents bring children who would enjoy sitting down to watch a soccer match.

Disney on Ice at the Oklahoma State Fair

The FRC will be taking residents to see "Disney on Ice" at the Oklahoma State Fair on Saturday, September 14 in Oklahoma City. "Disney on Ice" features beloved Disney characters, songs and entertainment. In addition to enjoying "Disney on Ice," residents will have an hour before the show to view other fair exhibits. The FRC is covering the transportation fee and a portion of the general admission fee. Residents will be required to bring \$5 for each individual on the day of the trip. Only children 7 years old and older accompanied by a parent or guardian will be allowed to attend. We will leave the FRC at 8am and return in the late afternoon. Residents must bring their own snacks or money to purchase food at the concession stands. The sign-up sheet along with additional information will be available at the FRC front desk on Thursday, September 5. Space is limited so reserve your spot as soon as possible.

Kid's Page

Color this page, connect the dots, and find the sports words in the word search!

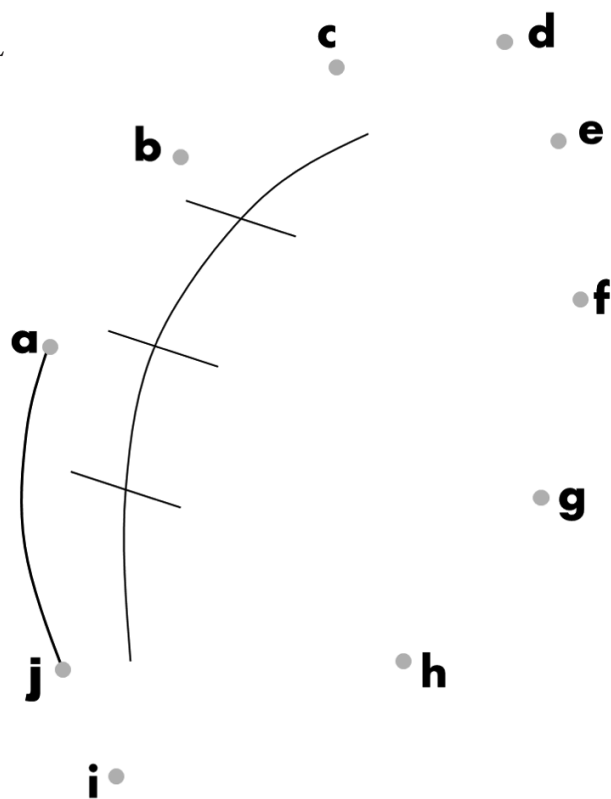
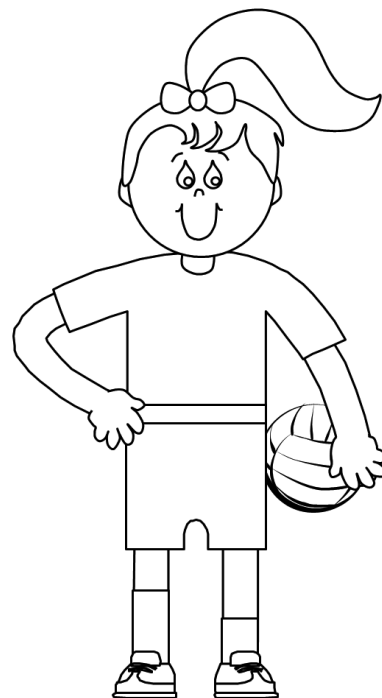
Source: www.coloring.ws and <http://puzzlemaker.discoveryeducation.com>

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 E F R T M B B A O O V G N S F

BASEBALL
 FOOTBALL
 SWIMMING
 WRESTLING

BASKETBALL
 KARATE
 TENNIS

FENCING
 SOCCER
 VOLLEYBALL



Upcoming events

Use this page as a quick guide to FRC, campus and Stillwater events going on this month!
September 2013

Monday, September 2

Labor Day – University Holiday
FRC Closed • No FRC Programs

Tuesday, September 3 – 6 to 7:30pm

The Buzz
Stillwater Public Library

Thursday, September 5 – 6:30 to 8pm

The Botanic Garden at OSU Twilight Garden Series – Composting 101
The Botanic Garden at OSU Education Building • \$5 for TBG members, \$8 for non-members

Friday, Sept. 6 – Saturday, Sept. 7

Downtown Stillwater Car & Bike Show
Main Street

Saturday, September 7 – 8:30am to 4pm

Free CPR Classes
Stillwater Community Center

Sunday, September 8 – 2 to 4pm

Women's Night – "Swimming Day"
Sign-up at FRC front desk • Participants need to arrive by 1:30pm

Tuesday, September 10 – 6:30 to 8:30pm

Dewey Decimal Theater
Stillwater Public Library

Tuesday, September 10 – 6 to 7:30pm

Family Dinner & Game Night
Meal provided • Children must be accompanied and supervised by an adult

Thursday, September 12 – 6:30 to 8pm

The Botanic Garden at OSU Twilight Garden Series – Monarchs & Milkweeds
The Botanic Garden at OSU Education Building • \$5 for TBG members, \$8 for non-members

Saturday, September 14

Disney on Ice" at Oklahoma State Fair
Sign-up at FRC front desk • Leave FRC at 8am • \$5 per person admission fee

Saturday, September 14

Fall Family Weekend/Dad's Day

Sunday, September 15

Family Field Trip
Trip to OSU women's soccer game

Sunday, September 15 – 6:30 to 8pm

Williams Neighborhood Gathering
Culture night • Potluck dinner • Williams neighborhood playground

Monday, September 16 – 6:30 to 8:30pm

Sewing Circle Reading Society
Stillwater Public Library

Thursday, September 19 – 6 to 7:30pm

Brumley Neighborhood Gathering
Board games • Sandwiches, chips, fruit and drinks • Brumley Community Center

Thursday, September 19 – 6:30 to 8pm

The Botanic Garden at OSU Twilight Garden Series – Plant Propagation & Seed Saving
The Botanic Garden at OSU Education Building • \$5 for TBG members, \$8 for non-members

Friday, September 20 – 6:30 to 8:30pm

West Neighborhood Gathering
Resident interests questionnaire • Pizza, fruit and drinks • West neighborhood playground

Saturday, September 21 – 6 to 7pm

Morrison Neighborhood Gathering
Outdoor games • Mexican food, fruit, dessert and drinks • Morrison neighborhood playground

Saturday, September 21 – 6 to 7:30pm

Stevens Neighborhood Gathering
Outdoor games • Mexican food and drinks • Stevens neighborhood playground

Saturday, September 21 – 6:30 to 7:30pm

Demaree Neighborhood Gathering
Movie: Charlie Chaplin • Pizza, chicken and drinks • Demaree neighborhood grill

Tuesday, September 24 – 6:30 to 8:30pm

Native American Writers of the Plains
Stillwater Public Library • Mean Spirit by Linda Hogan

Thursday, September 26 – 6:30 to 8pm

The Botanic Garden at OSU Twilight Garden Series – All About Bulbs
The Botanic Garden at OSU Education Building • \$5 for TBG members, \$8 for non-members

Thursday, Sept. 26 – Sunday, Sept. 29

Library Used Booksale
Stillwater Public Library • 20,000 books, dvds & audios priced \$.25 to \$1

Saturday, September 28 – 10am to 4pm

Men's Night – "Outdoor Adventure"
Sign-up at FRC front desk • Participants need to arrive by 9:30am • Lunch provided

Saturday, September 28

OSU Outdoor Adventure's 9th Annual Triathlon
Camp Redlands • Registration from 8 to 9am • Race begins at 9:30am • For more information, visit the Colvin Recreation Center or call 405-744-5581

Sunday, September 29 – 6:30 to 8pm

Prosser Neighborhood Gathering
Basketball • Mexican food, fruit, dessert and drinks • Prosser neighborhood playground

Event Guide:

FRC/FGSH Events

OSU Events

Stillwater Events

FGSH Resident's Advisory Council

Mushfiq Alam:

mdma@okstate.edu

Talat Khan:

talat.88@gmail.com

Ardi Yatim:

ardiyansyah.yatim@okstate.edu

Fadhil Ali:

fadhilcad@gmail.com

Patrick Kanza:

patrick.kanza@okstate.edu

The FGSH Resident's Council is a group of FGSH residents who serve as representatives of the individuals, families, students, staff, faculty & other residents who live in FGSH at OSU. The Council helps give suggestions and input to FGSH & ResLife staff. Please contact a council member if you have a question, concern or feedback.